



Coronavirus (COVID-19) is a respiratory illness that can easily spread from person to person.

During this time of the coronavirus pandemic, everyone should be self-monitoring, practicing good hygiene, and practicing social distancing.

Self-Quarantining

When you have been in close contact with someone who tested positive for COVID-19

- Do not leave the house or apartment you are in for 14 days.
- Stay 6 feet from other people in the home as much as possible.
- Have food delivered and left outside the room you are staying in (or outside the front door).
- Wash hands with soap and water for at least 20 seconds or use hand sanitizer when soap is not available.
- Sanitize high-touch surfaces often (phone, doorknobs, etc.)
- Use a bathroom which you will not share with anyone else.
- Continue taking the Campus Daily Screener and follow instructions from CHC staff.

Contact your primary care provider or the Campus Health Center at 313-577-5041 if symptoms worsen or if you need to be seen by a provider.

Call 911 or go to the emergency room if your symptoms are severe.

For more information visit: [cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html)

For details specific to WSU, visit: <https://wayne.edu/coronavirus>



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