



Coronavirus (COVID-19) is a respiratory illness that can easily spread from person to person.

During this time of the coronavirus pandemic, everyone should be self-monitoring, practicing good hygiene, and practicing social distancing.

Self-Monitor

- Take your temperature with a thermometer twice a day and watch for symptoms: fever (100°F/38°C or higher), cough and shortness of breath.
- If you develop mild symptoms, call your primary care provider's office or the Campus Health Center at 313-577-5041 before you go in. The emergency room should be reserved for severe symptoms.
- During this call, tell your provider about your current symptoms, travel or exposure to the coronavirus.
- Avoid nonessential travel. Wear face covering in public spaces.
- Social distancing: Maintain a distance of 6 feet away from anyone not in your household.
- Wash hands with soap and water for 20 seconds or use hand sanitizer when soap is not available.
- Take the Campus Daily Screener and follow instructions from CHC staff.

For more information on monitoring your health, visit: www.cdc.gov/COVIDtravel

For details specific to WSU, visit: <https://wayne.edu/coronavirus>



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