



Coronavirus (COVID-19) is a respiratory illness that can easily spread from person to person.

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**If you have been exposed to someone known to have Covid-19 please follow these instructions.**

## Self-Quarantine

- Do not leave the house or apartment you are in for 14 days.
- Stay 6 feet from any other people in the home.
- Have food delivered and left outside the room you are staying in (or outside the front door).
- Wash hands with soap and water for at least 20 seconds or use hand sanitizer when soap is not available.
- Sanitize high-touch surfaces often (phone, doorknobs, etc.)
- Use a bathroom which you will not share with anyone else.
- Continue taking the Campus Daily Screener and follow instructions from CHC staff.

Contact your primary care provider or the Campus Health Center at 313-577-5041 if symptoms worsen or if you need to be seen by a provider.

For more information on monitoring your health, visit: [www.cdc.gov/COVIDtravel](http://www.cdc.gov/COVIDtravel)

For details specific to WSU, visit: <https://wayne.edu/coronavirus>



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