

Suicidal/Homicidal Ideation Procedures Based on Assessment of Level of Risk

For all levels of risk, complete releases of information needed to contact outside community providers.

| Level of Risk | Interventions |
|---------------|--|
| Mild Risk | <ul style="list-style-type: none"> • Schedule follow up appointment within one week • Complete Wellness Plan (as identified below) |
| Moderate Risk | <ul style="list-style-type: none"> • Schedule follow up appointment within 48 hours with therapist or case manager • Complete Wellness Plan (as identified below) • Verify or schedule next appointment with currently existing psychiatrist (if client has one) or with CAPS psychiatrist or access psychiatrist through health insurance plan |
| High Risk | <ul style="list-style-type: none"> • Complete hospitalization procedure as identified below |

Hospitalization Procedure or

Wayne State University CAPS referring to *Detroit Receiving Hospital*

Note: CAPS clinicians are encouraged to consult with, or seek assistance from, each other, the CAPS psychiatrist, and/or with clinical administrators at any point in this process.

1. The clinician/Intern should consult with their supervisor and/or CAPS Administrative Staff to assess the need for hospitalization.
2. The clinician/intern who is referring the student to Detroit Receiving Hospital for evaluation will ask student to sign necessary CAPS releases in order for clinician to be able to communicate with Detroit Receiving Hospital. These releases, (for DRH and Emergency Contact), are for the purpose of coordination of services that will meet the student's needs.
3. The clinician/intern who is referring the student will complete a petition for emergency hospitalization identifying the specific reasons this student needs hospitalization.

USE A BLACK PEN.

4. Once the release is signed a staff member should call **DRH's Psychiatric Evaluation Crisis Unit in the ER** and ask for the Charge Nurse at **(313) 745-3000**. This may be done by a staff other than the person hospitalizing the student.

Name of DRH Charge Nurse you spoke to: _____

If DRH is in redirection find out the name of the Hospital that they are redirecting patients to: _____

Have the Student sign a new release for the new hospital.

5. Once Administrative Staff have been informed and **the paper work completed**, call WSU-Police to request transportation at **(313) 577-2222**. Request WSU PD Dispatch to have the Officers respond via the freight elevator/loading dock of the building to ensure the student's privacy when being escorted out.
6. Take time to advise the student that transport will be provided by the police and that the Officers will pat the student down, take identifying information and that it is the Officer's discretion to place handcuffs on the student.

Names and Badge #s for Officers Responding:

7. The clinician or the case manager may accompany the client to Detroit Receiving Hospital.
The clinician or case manager will provide the student with the number for WSU-PD for transportation back to campus, the afterhours line **(313) 577-9982** and the general CAPS Number **(313) 577-3398**.
8. Complete a CIRF to notify the Case Manager of the hospitalization including follow-up recommendations and needs.
9. Document the details of the hospitalization in Titanium as a Crisis Intervention Note.
10. Put copies/originals of all documents in the student's chart. Upload and attach to the Crisis Intervention Note if possible.

CAPS Wellness Plan

Student's Name (printed) _____

Step 1

Should I start to feel an increase in or feel overwhelmed by negative feelings (e.g. sadness, anger, depression, thoughts of death) I can try these self- help measures:

- Remove myself from immediate stressor
- Write in my journal
- Engage in relaxation exercises
- _____
- _____
- _____

Step 2

I can reach out to my support system to talk about stressor. Individuals I could contact include:

- _____ (phone #) _____
- _____ (phone #) _____
- _____ (phone #) _____

Step 3

If I continue to feel overwhelmed I can reach out to the following for support:

- Counseling and Psychological Services 313-577-3398 or after hours at 313-577-9982
- Contact the WSU Police at 313-577-2222
- Call or go to the nearest ER
 - Detroit Receiving Hospital 313-745-3000
 - Henry Ford Hospital 800-436-7936

Step 4

I will keep my next appointment with the case manager or my counselor or a psychiatrist scheduled for:

My emergency contact person is:

Name _____ (phone #) _____

Student Signature _____ (Date) _____

Staff Signature _____ (Date) _____